

NATUROPATHIC HEALTH PATIENT INFORMATION

This information is strictly confidential

Date: _____

First Name: _____ Surname: _____

Address: _____ Postcode: _____

Phone No: (H) _____ (W or Mob.) _____

E-mail address: _____ Age: _____

Date & Place of birth: _____ Marital status: _____

Occupation: _____ No. Children: _____

Name of Private health insurer: _____

How did you find out about us? _____

Symptoms & Health problems you require treatment for: _____

Medical diagnosis: _____

Name of Doctor: _____

Medical treatment & medications: _____

Surgery: _____

Previous Naturopathic treatment: _____

Women Only:

Do you suffer from menstrual problems: Yes / No. Are you and have you taken the contraceptive pill. Yes / No

Have you been pregnant: Yes / No. If yes, when: _____

Have you ever taken any of the following: If yes, please specify drug name if known – and when you last took them:

Antibiotics: _____ Steroids: _____

Antidepressants: _____ Tranquilisers: _____

Sleeping tablets: _____ Cortisone: _____

Vitamins and Minerals: _____

Social Drugs: _____

Have you ever suffered from: (tick if you've had it previously or circle if currently a problem.)

Asthma	Jaundice	Migraines	Dysentery	Bronchitis	Malaria
Pneumonia	STD's	Chicken pox	Measles	Rheumatic fever	Tuberculosis
Cystitis	Mumps	Scarlet fever	Whooping cough	German measles	Kidney problems
Sinus	Insomnia	Diarrhoea	Constipation	Cold hands / feet	Glandular fever
Cancer	Diphtheria	Varicose veins			

Please turn over

Family Health:

Do you have Amalgam(mercury) Fillings? yes/no

Mother: _____

Father: _____

Sister: _____

Brother: _____

Have any of your Relatives suffered from: (Please Tick)

Asthma	Epilepsy	Mental Trouble	Eczema/Psoriasis
Cancer	Heart Trouble	Rheumatic Fever	Neurosis
Diabetes	Kidney Trouble	Tuberculosis	Arthritis

General Comments you feel to be important to your Health:

Height: _____ Weight: _____ Blood Pressure: R/A _____ L/A: _____

Alcohol intake: _____ Cigarettes: _____

Water: (Filter, Rain, Spring, Tap) ; How much per day: _____

Daily intake of - Coffee: _____ Tea: _____ Soft Drinks: _____ Milk: _____

Example Of Diet:

Breakfast: _____ Lunch: _____ Dinner: _____ Between: _____

Cravings: _____

Exercise: Yes / No. What type & How often: _____

I hereby give consent to receive Naturopathic treatment in this clinic. I am aware the clinic has a 24 hour cancellation policy. If I am unable to keep an appointment, I will give at least 24 hours notice; otherwise I understand that a \$45 cancellation fee may apply.

Signed: _____

Date: _____